

STELLAR ALCHEMY



Card-a-Day Alchemy

A 31-Day Practice Journal

A five-minute daily practice with
Tarot, astrology and everyday life.



DRAW THE CARD • LIVE THE DAY • EXPERIENCE
THE MEANING



thestellaralchemy.com



WELCOME TO CARD-A-DAY ALCHEMY

One card. Five minutes. A month of discovery.

This journal is NOT homework—and you do not need to
predict your entire day. 🌻

Draw one card, notice what it shows, add one astrological layer, and then put the journal away. In the evening, return for a few minutes and notice how the card appeared—or did not appear—in your day.

The alchemy happens through practice.

Over 30 days, Tarot meanings and astrological correspondences stop being isolated facts to memorize. They become a language you can recognize, test and experience in your own readings.

No forced meanings. 'Not obvious today' is a valid—and useful—observation.





YOUR TINY DAILY RITUAL

Draw. Live. Reflect.

Two short check-ins. One ordinary day. Your own lived meaning.

I

ABOUT 2 MINUTES

Draw

Look at the card before reaching for a guidebook. Notice what catches your eye, then add its number, element and astrological correspondence. Write one possible message.



2

THE REST OF YOUR DAY

Live

Close the journal. Go to work, make coffee, meet people, rest, study, laugh, get distracted—live your actual day. You are observing, not performing for the card.



3

ABOUT 3 MINUTES

Reflect

Return in the evening. What stood out? Was the card literal, emotional, symbolic or mental? What did astrology add? Finish with: 'Today, this card meant...'

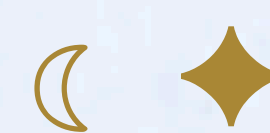


The **MORE** you **REFLECT** the **MORE** you **LEARN**

Card first, astrology second.

Astrology expands the card; it does not replace the image or force your day to fit a correspondence.

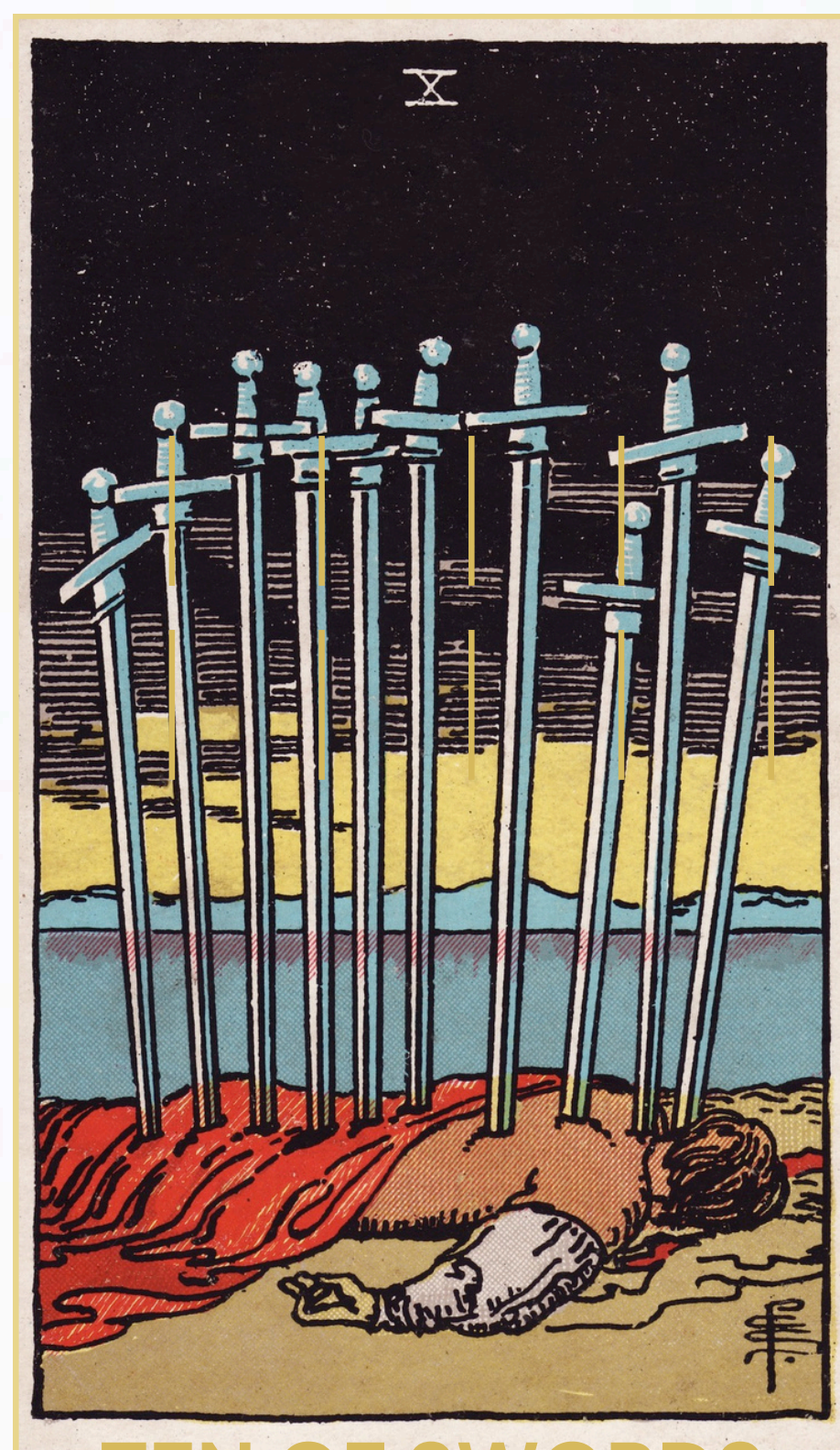




A REAL CARD-A-DAY ALCHEMY EXAMPLE

Ten of Swords

An ending that was not a disaster



TEN OF SWORDS

What the card shows

A heavy image of finality and an ending.

Number + element

Ten suggests culmination or completion & transition. Swords connect with Air, thought, words and the mind.

Astrological layer

Sun in the third decan of Gemini (20–30° Gemini), the established Golden Dawn-derived correspondence.

Possible message

A mental or narrative cycle may reach its end.

Live (lived experience)

I finished Alchemised, a dark, immersive fantasy novel of more than 1,000 pages. I struggled to focus on a branding lecture and instead I read the book until I reached the end. Afterward came the emptiness of leaving a fictional world I was not ready to leave. There was some disappointment about the ending too. But the reading came to a definitive end. :-)

Reflect (experience vs meaning)

The card did not announce a catastrophe. Its dramatic image described the ending of an absorbing mental and narrative world and the transition back into ordinary life. The Sun-in-Gemini layer sharpened themes of illumination (sun) of reading a book, written content, mental immersion (all Gemini traits). Rumination on its ending occupied my mind during the day. *it doesn't mean the next card pull wont have the textbook meaning

TODAY, THIS CARD MEANT

The end of a world I was not ready to leave.

What did not fit: No external disaster occurred. The card's intensity was symbolic and internal.





Day I

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 2

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?

Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 3

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 4

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 5

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 6

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 7

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 8

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?

Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 9

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 10

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day II

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 12

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 13

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 14

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 15

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 16

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 17

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 18

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 19

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 20

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 21

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 22

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 23

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 24

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?

Today’s possible message

--	--

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

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Optional: What did not fit?



Day 25

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 26

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 27

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?

Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 28

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?	Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?	Today, this card meant...

Optional: What did not fit?





Day 29

DATE	DECK	CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE	NUMBER	ELEMENT

Astrological correspondence

PLANET	SIGN	DECAN, IF RELEVANT

What does astrology add?

Today’s possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 30

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?





Day 31

DATE

DECK

CARD

DRAW

Morning—about 2 minutes

What catches my eye first?

IMAGE

NUMBER

ELEMENT

Astrological correspondence

PLANET

SIGN

DECAN, IF RELEVANT

What does astrology add?

Today's possible message

LIVE

Close the journal. Live the day.



REFLECT

Evening—about 3 minutes

What stood out today?

How did the card appear? ☐ Literal ☐ Emotional ☐ Symbolic ☐ Mental ☐ Not obvious

What did astrology add—or not add?

Today, this card meant...

Optional: What did not fit?



Dear Card Alchemist,



Thank you for reading cards with me. I hope this practice expanded your understanding of the cards and that you built your personal relationship to the cards & astrological correpondances.

Below you can find empty pages for journaling.

You can find me:



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